

Wednesday, November 18, 2026

16th Annual McMaster Update in Geriatric Medicine



New Frontiers in Dementia Care

Hybrid CPD Conference

In-Person Location: Holiday Inn Burlington Hotel &
Conference Centre, 3063 South Service Rd.

Burlington, ON

*Virtual option is available

Target Audience

Physicians, Nurse Practitioners, Nurses,
Occupational Therapists, Physiotherapists,
Social Workers, Pharmacists, Other Health Care
Professionals, Trainees.

UpdateInGeriatrics.ca

For Information

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**Register online
by visiting the website**



Agenda

*Activity is subject to change

Time	Segment/Presentation /Topic	Speaker
07:45–08:30	Registration	
08:30–08:50	Welcome, Awards Presentations	Dr. Alexandra Papaioannou
08:50–09:40	International Keynote: Clinical Practice Guidelines in the Use of Blood Markers in the Diagnostic Work Up of Suspected Alzheimer's Disease In Specialized Settings	Dr. Heather Whitson Duke University School of Medicine
09:40–10:30	Keynote: Rewriting Alzheimer's Care: Early Detection and Emerging Treatments	Dr. Jaspreet Bhangu Western University
10:30–10:45	Morning Break – Exhibitor Viewing	
10:45–11:20	Diagnostic Considerations for Early Onset Dementia	Dr. Demetrios Sahlas McMaster University
11:20–11:55	Adapting a Palliative Approach to Care for a Person with Dementia	Dr. Hsien Seow McMaster University
11:55–12:30	Apathy in Neurocognitive Disorders	Dr. Mark Lachmann University of Toronto
12:30–13:15	Lunch – Exhibitor Viewing	
13:20–14:10	International Keynote: Geroscience: Extending Health Span Rather Than Just Lifespan	Dr. George A. Kuchel University of Connecticut
14:10–14:45	Reducing Dementia Risk: The Role of Exercise and Nutrition in Brain Health	Dr. Jeremy Walsh McMaster University
14:45–14:55	Afternoon Break – Exhibitor Viewing	
14:55–15:30	Health Systems Factors and Geriatric Medicine Care for Indigenous Older Adults	Dr. Corita Vincent McMaster University
15:30–16:05	Top Articles of 2026	Dr. Justin Lee McMaster University
16:05–16:10	Closing Remarks & Evaluations	

*Each session includes 10 minutes of Question and Answer.