

SCOPE HEADACHE PROGRAM

Specialized headache care for your patients



A dedicated **SCOPE Headache Nurse Practitioner** triages your referral and collaborates with the Neurology team at the Women's College Hospital Centre for Headache. Accepted patients complete an education session, see Neurology, then continue follow-up with the NP until their treatment plan is stable.

Your patient gets

Headache education, an individualized treatment plan, CBT-based workshops on mindfulness, coping, and pain management, and complementary therapies

You get

Clinical guidance on acute and prophylactic options, current headache protocols, and patient handouts you can use in your own practice

Refer through [Ocean eReferral](#), or download the [fax referral form](#) and send to 416-323-6152

✓ Refer if the patient has

- A primary headache diagnosis
- Migraine
- Tension-type headache
- Trigeminal autonomic cephalalgias, including cluster
- Post-traumatic headache, once other neurological causes are ruled out

✗ Not a fit right now if the patient

- Is currently using opioids, including codeine or butalbital
- Is already seen by another headache specialist or pain centre
- Has pending litigation or an active WSIB claim



Diana Medeiros, SCOPE Headache NP

Not sure whether your patient is a fit? Have questions about the program? Contact the SCOPE Headache NP

Phone: 437-216-5303 (*Direct line*)

Email: SCOPEheadache@wchospital.ca

All Primary Care Providers registered with SCOPE in Ontario have access to the SCOPE Headache Program